

## **RECOMMENDED NON-PERISHABLE FOOD ITEMS**

If you are not sure what type of food items are most needed by local pantries and food banks, please see the following list of recommended items:

Peanut Butter  
Cereal  
Canned Meat  
Canned Fish  
Macaroni and Cheese  
Soups  
Canned Fruit  
Canned Vegetables  
Pasta Sauce  
Pasta  
Crackers  
Jelly (Plastic Container)  
Rice  
Instant Potatoes  
Dried Beans  
Canned Milk  
Cheese (Velveeta)

Toilet Paper  
Diapers  
Wipes  
Detergent